

# Class Descriptions

## **Pre-School**

3/4 hour = 3 hours per month

Ages 3-4

This class is an introduction to movement. The goal is building self-esteem through creative dance, jazz, tap, and ballet and to discover how fun it is to move and create to music. Students need ballet slippers and tap shoes.

## **Combo I**

1 hour = 4 hours per month

Ages 4-5

This class includes ballet, tap, and jazz. It's a great class for students who would like to try an introduction to all the dance forms. Students need ballet slippers and tap shoes. This class moves faster than the pre-school class and requires more attention span.

## **Combo II**

1 hour = 4 hours per month

Ages 5-7

This class is for students that have taken "Combo I" or for those who are just starting out who are ages 5-7. Class includes basic ballet, tap and jazz. These students will move fast and will learn many dance skills throughout the year. Students will need ballet and tap shoes.

*Dancing is discovery, discovery, discovery. – Martha Graham*

## **Jazz I**

1 hour = 4 hours per month

Ages 6-9

This class teaches proper stretching technique, basic turns, leaps, isolations, and footwork. This class is ideal for those who have taken Combo II or those who are the correct age. This class will cover basic "across the floor" and they will be doing progressions as the class is ready. This class will most importantly teach proper dance technique in all areas of jazz. Students may use either jazz or ballet shoes.

## **Jazz II**

1 hour = 4 hours per month

Ages 7-12

Students should have already had Jazz I or have the teachers "okay" that they are ready for this level. This class will teach proper dance technique in all areas of jazz is a step up and more challenging than Jazz I. This class will also work on form and flexibility. Students may use ballet or jazz shoes.

## **Jazz III**

1 hour = 4 hours per month

Ages 9 or older

This class will cover basic jazz technique across the floor, flexibility, musicality, and presentation. This is an excellent class for those who want to learn proper jazz technique. The class will work on turns, leaps, and movement.

## **Jazz IV**

1 hour = 4 hours per month

Ages 10 and up

This class is for those who have been moved up from Jazz IIIA. This class will teach jazz technique, turns, and jumps. The progression of this class will move along at a steady but yet "rapid" pace. This is a great class for those who have a strong foundation in jazz. You must get permission from Bonnie or Nancy to attend this class.

### **Jazz IV A**

1 hour = 4 hours per month

Ages 10 & up

This class is for those who were in Jazz IV last year. In order to take this class, you will need to get permission from Bonnie Story. We will cover more advanced steps and transitions than we did last year. We will move along at a quicker pace. We will be working on technique, flexibility, jumps, and putting it all together.

### **Jazz IV D**

1 hour = 4 hours per month

Ages 10 & up

We want this class to move along at a good pace but keep up w/the ability level of the students while pushing them a bit. We will make sure that the technique is correct & clean but we do not want to ignore any problems. Technique, flexibility, across the floor, style, & movement will all be covered.

Dancing is the poetry of the foot. – John Dryden

### **Jazz V**

1½ hour once a week

6 hours per month

Ages 11 & up

This class will push the students into harder choreography & technique. We are excited to see where this group goes this year so – *get ready to work!* Because of the growth of the students last year, this class was such a success. If you are in your teens & you want steps & concepts broken down, this class is for you. It will push you beyond where you ever thought you could go!

### **Jazz VI**

1½ hour once a week = 6 hours per month

Ages 12 & up

This class is invitation only! Jazz IVA is a pre-requisite. (yes, really Jazz IVA) If you have any questions please talk with Bonnie Story. For the new students, the age range is around 11 & up, depending on the ability of the student. They should have at least 4 years of jazz and again, there are exceptions. We just want the student to be in the right place so they can progress according to their skill level.

### **Advanced Jazz**

1½ hours/2 times per week

3 hours = 12 hours per month

This class is for those who have been dancing for at least 5 years and the age range is around 14 & up. The class is geared for the Professional Level. Many professionals come and take this class & it moves quickly at a very advanced level of technique & all different styles. We cover turns, flexibility, placement, choreography and performance. If you have questions, please talk to Bonnie Story. Again, we want students in the right place so they will grasp the concepts when they are ready. Odyssey II will be attending this class.

# BALLET

*FOR ALL BALLET CLASSES: YOU MUST HAVE YOUR HAIR UP AND HAVE BALLET LEOTARDS AND TIGHTS ON. THE INSTRUCTORS HAVE THE AUTHORITY TO ASK YOU NOT TO TAKE IF YOU COME IN NON- APPROPRIATE BALLET WEAR. ANY PROFESSIONALS ATTENDING ARE NOT REQUIRED TO FOLLOW THIS RULE.*

### **Ballet I**

1 hour = 4 hours per month

Ages 6 - 8

Beginning ballet concepts for children. Ballet I will incorporate musicality, vocabulary, and creativity. Simple ballet concepts will be taught and built upon throughout the year.

### **Ballet II**

1 hour = 4 hours per month

Ages 8 -10

Ballet II will incorporate timing, ballet vocabulary, and the love of dance. Basic ballet technique will be taught that will not only spin off of Ballet I but will progress through the year to a full barre and center work. The progression will get them ready for the next level.

### **Ballet III**

1 hour = 4 hours per month

Ages 9 & up

This is for those who have had at least 2-3 years of ballet. This will be a continuation of Ballet III A from last year. If you have any questions about where your child belongs, talk to Bonnie Story. This class will cover solid beginning-intermediate ballet technique. You must be consistent in this class. This is also for those who are new and have had 2 years of ballet.

The dance is a poem of which each movement is a word. – Mata Hari

### **Ballet IV**

1 hour = 4 hours per month

Ages 10 and up

This class is for those who were in Ballet III last year. The technique and training will progress throughout the year to get the student ready for the next level. This class will concentrate on the technique of ballet.

### **Ballet V**

1 ½ hours once a week

6 hours per month

This class is going to concentrate on technique and “putting it all together”. Barre work, center work, feet, flexibility, movement, and technique will all be a main focus. This will be a great class for teens who are trying to get ready for drill and dance company at school.

### **Ballet VI-Technique**

1 ½ hours twice a week

3 hours = 12 hours per month

This class is ideal for those who want to continue in ballet at a more advance level, to keep up their technique, and to grow. This class is a mandatory twice a week commitment – *without exceptions*. Students will be introduced to point work, as well as continue getting stronger in technique and the use of it in the center.

### **Ballet VII**

1 ½ hour 3 times per week

4 ½ hours = 18 hours per month

This class is for those who were in Ballet V last year. This class will also be required to take the Pre-Professional class on Wednesday and is a mandatory 3 times a week. **NO EXCEPTIONS!** If you are new you must get permission to attend this class.

### **Pre-Professional**

1½ hour 4 times a week

6 hours = 24 hours per month

This class is for those who have attended Ballet VI and for Odyssey II members. You have to get permission to attend this class from Bonnie Story. All professionals are welcome to take this class. This is an Advanced Class and will be taught on a very high level.

# FUNK & BREAKIN'

## **Beginning Funk**

1 hour = 4 hours per month

Ages 6 -10

This class is new this year. It will start at the very beginning for those students who want to learn funk. This class will be so much fun and at the same time the student will gain coordination, confidence, and body awareness. All you need is a pair of gym shoes and clothes that are comfortable to move in. Again, this class will be for the beginners. It is great for guys and girls. *Amanda Yeager* will be teaching this class.

## **Intermediate Funk**

1 hour = 4 hours per month

Ages 10 & up

This class will be for those who are a little older & want to learn funk. Because of the age in this class, it will move a bit quicker than the beginning class. The movement will be harder and the progression will move along quickly. Great for junior and high school students who want to learn funk for gaining agility in sports, cheerleading, drill, and confidence at dances. "Fun is what this class is about. Wear your gym shoes and funky sweats or whatever you feel good moving in. *Amanda Yeager* will be teaching this class.

Dancing is like dreaming with your feet! – Constanze

## **Advanced Funk**

1 hour = 4 hours per month

Ages 12 & up

This class will move *extremely* fast. It is for those who want a serious funk class and for those who are ready to work. This class rocks and is so much fun; but be ready to go for it and work hard! This class, as well as our other advanced classes, will prepare you for a career as a professional dancer. Wear your gym shoes and clothes that you can move in. Odyssey II Members will attend this class.

## **Beginning Breakin'**

2 hours = 8 hours per month

Ages 8 – 15

**\*\*\*For those who were in *Mini-Breakin'* last year & are not yet 8 years old, we suggest that you attend Beginning Funk.\*\*\***

This is an introduction to Break Dancing. Students will get a well rounded taste of breakin' by learning basic movements in top rocks, foot work, and stalls, through short solo work, short group choreography, and monthly in-class competitions (battles). Students will increase their balance & dexterity. All students joining the breakin' program must start with this class. Twice a week attendance is mandatory.

*Please talk to the instructor before enrolling if your student has any learning challenges (ADHD, Dyslexia, etc.)*

## **Intermediate Breakin'**

2 hours = 8 hours per month

The goal of this class is to help students develop a strong sense of rhythm through group choreography. Students will learn **new** movements in top rocks, footwork, and stalls. They will also learn how to perform. Completion of Beginning Breakin' is required. Twice a week attendance is mandatory.

## **Advanced Breakin'**

2 hours = 8 hours per month

This class will focus on solo work and battle skills. Students will expand their understanding of top rocks, footwork, and stalls and will begin learning power moves. **Bring a small notebook & pen! Completion of Intermediate Breakin' is required. Twice a week attendance is mandatory.**

### **Breakin' Company - The Boogie Bandits**

3 hours = 12 hours per month

Company Members will perform frequently throughout the year. They will also enter battles and compete at dance conventions. Opportunities to gain teaching experience may be made available to those who desire it. Curriculum will be based on rotating topics. By invitation only, this company is designed to turn breakdancers into B-Boys. Three hours a week attendance is mandatory.

## TAP

### **Tap - Beginning**

1 hour = 4 hours per month/

Ages 6 & up

This class will be for those who haven't had *any* or *little* tap. The basic tap vocabulary will be covered and the class will move as quickly as the students grasp each concept.

### **Tap - Intermediate**

1 hour = 4 hours per month

Ages 8 & up

This class is for those who had tap last year or have had 1 – 2 years of tap.

### **Advance Jr. Tap**

1 hour = 4 hours per month

This is for those who have had 3 – 4 years of tap. You must have permission to be in this class.

### **Tap - Advanced**

1 hour = 4 hours per month

This class is designed for those who have had tap in the past. It moves quickly and works on tap technique, rhythm, and choreography. If you have questions concerning the level of tap suited for you, please talk with Veronica or Amanda Yeager. Odyssey II will attend this class.

To watch us dance is to hear our hearts speak. – Hopi Indian Saying